

CIMAR PERICON 2019

1st - 3rd November

Grand Hyatt, Kochi | Kerala

PERICON
2019
Kochi | Kerala



Endorsed by




CIMAR
FERTILITY CENTRE
SINCE 1996

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Welcome to CIMAR PERICON 2019

Dear Colleagues,

Welcome Everyone to PERICON 2019!!

We started our ART unit in 1996 after getting established as one of the premier infertility centres in India.

To create life was hard work but to sustain it till birth is an even more difficult job. Any complication, maternal/fetal is more in infertility treated pregnancies and therefore the need to have special care for this group was understood by us and this led to the birth of our fetomaternal unit. This year, in PERICON 2019, we will share with you our experience and protocols that we have successfully used to deliver IVF treated pregnancies and hope to pave the way towards optimal perinatal care for this group of patients.

The programme this year has been tailored to specifically cater to the needs of fetal medicine specialists and obstetricians and gynaecologists looking after high risk pregnancy care. We will have two parallel halls on each day with dedicated sessions on fetal imaging and high risk pregnancy care. In PERICON 2019 along with a host of other topics, we will try to clinically analyze the evidence as well.

The highlight of PERICON has always been the clarity of our invited speakers. And this year, along with the best national speakers, we are happy to have Prof. Lindsey Allan who will not only teach us the nuances of fetal echo but also take us through her journey in this exciting field of fetal ECHO. Keep your seats reserved for the conference/roller coaster ride of the year, PERICON 2019.



Dr. K.k. Gopinathan
Organising Chairperson



Dr. Parasuram Gopinath
Organizing Co-Chairperson



Dr. Meenu Batra Parasuram
Organizing Secretary



Dr. Bijoy K. Balakrishnan
Organizing Secretary



Dr. Parvathy Ganesan
Treasurer

Organizing Committee

Patrons

Mrs. Chitra Gopinath

Dr. Vishwanathan

Dr. Sureshababu

Organizing Chairperson

Dr. K.K. Gopinathan

Organizing Co-Chairperson

Dr. Parasuram Gopinath

Organizing Secretaries

Dr. Meenu Batra Parasuram

Dr. Bijoy K. Balakrishnan

Treasurer

Dr. Parvathy Ganesan

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Dr. Swapneel Nilkanth Patil

Dr. Karthika D. Kumar

Dr. Sreeja P.S.

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Dr. Asha Anil

Dr. Shalini

Dr. Riyas P.K.

Dr. Sunil G

Dr. Betty John

Dr. Revathy K.

Dr. Thomas Ranjit

Dr. Laleet K Sadanand

Coordinators

Mr. Atmajan Pallippad

Dr. Mangala Dileesh

8.00 - 9.00 am	Registration	
MODULE 1 - Fetal Heart		
Hall Coordinators : Dr. Bijoy K Balakrishnan, Dr. Meenu Batra		
A Dedicated Master Class on Fetal Heart-Conducted by Prof. Lindsey D. Allan for the Whole Day		
9.30 - 10.15 am	4 Chamber View - Normal and Abnormal	
10.15 - 10.30 am	4 Chamber View Quiz	
10.30 - 11.00 am	Tea / Coffee Break	
11.00 - 12.00 pm	Great Arteries - Normal and Abnormal	
12.00 - 12.30 pm	Quiz Volumes	
12.30 - 1.15 pm	Arch View - Normal and Abnormal	
1.15 - 2.15 pm	Lunch Break	
2.15 - 2.35 pm	Situs	
2.35 - 2.55 pm	Arrhythmias	
2.55 - 3.25 pm	Early Heart Scanning	
3.25 - 3.55 pm	Tea / Coffee Break	
3.55 - 4.25 pm	Prognostication of Congenital Heart Diseases	
4.25 - 4.55 pm	Quiz	
4.55 - 5.15 pm	STIC	Dr. Balu Vaidyanathan
5.15 - 6.00 pm	Panel Discussion : Counselling In Indian Scenarios Moderator: Dr. Indrani Suresh Panelists Dr. Balu Vaidyanathan, Dr. Maya Devi Kurup, Prof. Lindsey D. Allan, Dr. Ashok Khurana, Dr. Brijesh P.K.	



MODULE 2 - High Risk Pregnancy

Session I - Pregnancy Induced Hypertension

Hall Coordinators - Dr. Sreeja P.S, Dr. Parvathy Ganesan

Chairpersons - Dr. Soge Sarah Kurian, Dr. Zareena Khalid, Dr. Gracy Thomas

9.00 - 9.20 am	Prediction & Prevention of Pre Eclampsia	Dr. Deepthy
9.20 - 9.40 am	Magnesium Sulphate- Indication, Duration, Dose	Prof. V.P Paily
9.40 - 10.00 am	140/90- To Treat or not to Treat	Dr. Sareena Gilvaz
10.00 - 10.20 am	Normotensive With Altered Liver Enzymes- What Next	Dr. Miriam George Fenn
10.20 - 10.30 am	Discussion	
10.30 - 10.50 am	Tea / Coffee Break	

Session II - Protocols in ART Treated Pregnancies

Hall Coordinators - Dr. Chitra Janu , Dr. Shaheen Banu

Chairpersons - Dr. Maya Devi Kurup, Dr. Indu B.R, Dr. Fessy Louis T

10.50 - 11.10 am	Multiple Pregnancy Outcomes	Dr. Sreeja P.S
11.10 - 11.30 am	Singleton- Post IVF Outcomes	Dr. Parvathy Ganesan
11.30 - 11.50 am	Surveillance Protocols for IVF Treated Pregnancies	Dr. Bijoy K Balakrishnan
11.50 - 12.00 pm	Discussion	
12.00 - 1.00 pm	Panel Discussion - Hypertension- Why our Mothers Die ? Moderator: Dr. Uma Ram Panelist : Dr. N. Palaniappan, Dr. Smithy Sanil, Dr. Shirley Mathen, Dr. Miriam George Fenn, Dr. Agnes Mathew, Dr. V.P Paily, Dr. Aarathypaari.K	
1.00 - 2.00 pm	Lunch Break	
2.00 - 2.40 pm	Preterm Delivery - Role of Routine Cervical Length Surveillance - Debate Moderator: Dr. N. Palaniappan, Dr. Uma Ram, Prof. V.P. Paily	Dr. Aby Koshy V/S Dr. K Manikandan

Session III - Guidelines

Hall Coordinators - Dr. Sabeela , Dr. Anita

Chairpersons - Dr. Ambika, Dr. Shirley Mathen, Dr. Mollykutty

2.40 - 3.00 pm	Guidelines - Thyroid Demand in Pregnancy	Dr. Divya Jose
3.00 - 3.20 pm	Thromboprophylaxis in Pregnancy	Dr. N. Palaniappan
3.20 - 3.40 pm	Induction of Labour	Dr. Georgie Eralil

3.40 - 3.50 pm	Discussion	
3.50 - 4.20 pm	Tea / Coffee Break	
Session IV - GDM in Pregnancy		
Hall Coordinators - Dr. Neha Muniyer Puniyani, Dr. Sreeja P.S		
Chairpersons - Dr. Kalakumari Thankachi, Dr. Smitha Joy, Dr. Lisamma Joseph		
4.20 - 4.40 pm	Screening for GDM	Dr. Maya Devi Kurup
4.40 - 5.00 pm	Predictors for Still Birth in GDM	Dr. Uma Ram
5.00 - 6.00 pm	Panel Discussion - GDM - A Disease in Search of A Protocol Moderator: Dr. N. Palaniappan Panelist - Dr. Uma Ram, Dr. Radhamany, Dr. Sanam Basheer Dr. Sareena Gilvaz, Dr. Susan John, Dr. Divya Jose	

Premium Sponsor



8.30 - 9.30 am	Registration	
MODULE 1 : CNS		
Chairpersons : Dr. Thara Pratap, Dr. Geena Benjamin		
9.30 - 9.50 am	Neurosonoembryology	Dr. Mohit Shah
9.50 - 10.10 am	Equipment Set up for Fetal Brain	Dr. Ashok Khurana
10.10 - 10.35 am	Anatomy of Fetal Brain · 18 to 20 weeks · Basic axial sections · Mid and Parasagittal sections · Coronal sections	Dr. Indrani Suresh
10.35 - 10.45 am	Discussion	
10.45 - 11.15 am	Tea / Coffee Break	
Chairpersons : Dr. Anu Sarah Easo, Dr. Ambady Ramakrishnan		
11.15 - 11.35 am	Evolving Anatomy During 20 to 40 Weeks	Dr. B.S Ramamurthy
11.35 - 11.55 am	CSP and Corpus Callosum	Dr. Indrani Suresh
11.55 - 12.15 pm	Holoprosencephaly	Dr. Bimal Sahni
12.15 - 12.35 pm	Midline Anomalies of Posterior Cranial Fossa	Dr. T.L.N. Praveen
12.35 - 12.55 pm	Intracranial Cysts	Dr. Vivek Kashyap
12.55 - 1.05 pm	Discussion	
1.05 - 2.05 pm	Lunch Break	
Chairpersons : Dr. Reji Mohan, Dr. Chitra Andrew		
2.05 - 2.45 pm	Destructive Intracranial Lesions · Haemorrhage · Infection	Dr. B.S Ramamurthy
2.45 - 3.05 pm	Neural Tube Defects	Dr. S. Suresh
3.05 - 3.35 pm	Approach to Malformations of Cortical Development	Dr. B.S Ramamurthy
3.35 - 3.55 pm	Anomalies of Brain in the 11 to 14 Weeks	Dr. Ashok Khurana
3.55 - 4.05 pm	Discussion	

4.05 - 4.30 pm	Tea / Coffee Break	
4.30 - 5.30 pm	Panel Discussion - Prognostication and Genetics in Fetal Brain Disorders Moderator: Dr. B. S Ramamurthy Panelists: Dr. Ashok Khurana, Dr. Pradeep Kumar, Dr. Indrani Suresh, Dr. Mohit Shah, Dr. T.L.N Praveen, Dr. Jyothi Mancheri, Dr. Suhas Udayakumaran	
MODULE 2 : IUGR		
Session I - Am I Small		
Hall Coordinators - Dr. Shaheen Banu, Dr. Dona Sebastian		
Chairpersons - Dr. Vinaykumar, Dr. Saraswathy		
9.30 - 9.45 am	Growth Charts- How to Make	Dr. Karthika Mohan
9.45 - 10.00 am	Types of Growth Charts and How to Use	Dr. Boban Abraham
10.00 - 10.15 am	Growth Velocity/ Interval Growth	Dr. T.L.N Praveen
10.15 - 10.30 am	Diagnostic Dopplers	Dr. Ashok Khurana
10.30 - 10.50 am	Placental Disease Early v/s Late	Dr. Nithya Elango
10.50 - 11.05 am	Delphi Consensus	Dr. Mohit Shah
11.05 - 11.15 am	Discussion	
11.15 - 11.45 am	Tea / Coffee Break	
Session II - Wait/Deliver		
Hall Coordinators - Dr. Vandana Yakub, Dr. Alkesh Kumar Soni		
Chairpersons - Dr. Gisy George Kurian, Dr. Sarla Sreedharan		
11.45 - 12.00 pm	Prognosticating Dopplers	Dr. S Suresh
12.00 - 12.20 pm	Use of BPP and CTG in IUGR	Dr. Uma Ram
12.20 - 12.40 pm	Management in Early Onset IUGR	Dr. Bimal Sahni
12.40 - 1.00 pm	Management in Late Onset IUGR	Dr. Jyothi Mancheri
1.00 - 1.10 pm	Discussion	



1.10 - 2.10 pm	Lunch Break	
2.10 - 3.00 pm	Panel Discussion - Fetal Well Being Moderator: Dr. S. Suresh Panelists: Dr. Bimal Sahni, Dr. Vivek Kashyap, Dr. Mathew Thomas, Dr. Sathyamai, Dr. Vivek Krishnan, Dr. Chitra Andrew, Dr. Thomas Ranjith	
SESSION III : RECENT ADVANCES		
Hall Coordinators : Dr. Neha Muniyer Puniyani, Dr. Akanksha Bansal		
Chairpersons - Dr. Sreelatha Warriar, Dr. Aarathypaari.K		
3.00 - 3.20 pm	Growth Potential	Dr. K Manikandan
3.20 - 3.40 pm	AI - How and When to Use Aortic Isthmus	Dr. Indrani Suresh
3.40 - 4.00 pm	Cardiac Remodelling in IUGR and Outcomes	Prof. Lindsey D. Allan
4.00 - 4.30 pm	Tea / Coffee Break	
4.30 - 4.45 pm	IUGR in Dichorionic Twins	Dr. John De Lindsey
4.45 - 5.00 pm	IUGR in Monochorionic Twins	Dr. Meenu Batra
5.00 - 6.00 pm	How Much We Have Learnt!	Dr. Bijoy K Balakrishnan
6.30 - 6.45 pm	Inauguration	
6.45 - 7.45 pm	Keynote Address: My Journey With The Fetal Heart Since 1980	Prof. Lindsey D. Allan
7.45 pm Onwards	Banquet Dinner with DJ Night	



MODULE 1 : Basics of Fetal Interventions		
Hall Coordinators : Dr. Neha Muniyer Puniyani , Dr. Akanksha Bansal		
9.30 - 9.50 am	The Philosophy of Fetal Diagnostic Procedures	Dr. Ashok Khurana
9.50 - 10.10 am	Prenatal Invasive Diagnostic Techniques	Dr. Meenu Batra
10.10 - 10.30 am	What Test to do and When ?	Dr. S. Suresh
10.30 - 10.50 am	Legal Considerations Prior to Prenatal Interventions	Dr. Shyama Devadasan
10.50 - 11.10 am	Principles of Ultrasound Guided Prenatal Diagnostic Techniques	Dr. Raju Sahetya
11.10 - 11.40 am	Tea / Coffee Break	
11.40 - 1.00 pm	Simulator Session With Direct Hands On Training Trainers : Dr. Ashok Khurana, Dr. Bijoy K Balakrishan, Dr. Meenu Batra, Dr. Swapneel Nilkanth Patil, Dr. Sreeja P.S, Dr. Sabila, Dr. Anitha Joseph, Dr. Rinshi Abid Elayedath, Dr. Amitha J Das	
1.00 - 2.00 pm	Lunch Break	
MODULE 2 - First Trimester Quality Control		
Hall Coordinators : Dr. Swapneel Nilkanth Patil, Dr. Sreeja P.S		
9.30 - 9.50 am	Is First Trimester Screening Required for All?	Dr. S Suresh
9.50 - 10.10 am	First Trimester Apprehensions of an Obstetrician	Dr. Elizabeth Jacob
10.10 - 10.30 am	Essentials of First Trimester Imaging	Dr. TLN Praveen
10.30 - 10.50 am	Pushing the Limits- Diagnose of First Trimester Anomalies	Dr. Ashok Khurana
10.50 - 11.10 am	Serum Screening - What do Numbers Mean?	Dr. Prathima Radhakrishnan
11.10 - 11.20 am	Discussion	
11.20 - 11.40 am	First Trimester Screening for Cardiac anomalies	Dr. Swapneel Nilkanth Patil
11.40 - 12.00 pm	Tea / Coffee Break	
Hall Coordinators : Dr. Sabila, Dr. Rinshi Abid Elayedath		
12.00 - 12.20 pm	Non Invasive Prenatal Screening	Dr. Vidyalekshmy
12.20 - 12.40 pm	Preeclampsia Screening in First Trimester	Dr. Seneesh V. Kumar
12.40 - 1.00 pm	First Trimester Aneuploidy Screening in Twins	Dr. Vivek Krishnan
1.00 - 1.10 pm	Discussion	
1.10 - 2.00 pm	Lunch Break	
2.00 - 4.00 pm	Simulator Session With Direct Hands On Training Trainers - Dr. T.L.N Praveen, Dr. Vivek Kashyap	



International Faculty



Prof. Lindsey D. Allan
Pioneer in Fetal Cardiology



National Faculty

Aarathypaari. K
Aby Koshy
Agnes Mathew
Akanksha Bansal
Alkesh Kumar Soni
Ambady Ramakrishnan
Ambika
Amitha J Das
Anitha Joseph
Anu Sarah Easo
Ashok Khurana
Balu Vaidyanathan
B.S. Ramamurthy
Bijoy K Balakrishnan
Bimal Sahni
Boban Abraham
Brijesh P.K.
Chitra Andrew
Chitra Janu
Deepthy
Divya Jose
Dona Sebastian
Elizabeth Jacob
Fessy Louis T
Geena Benjamin
Georgie Eralil
Gisy George Kurian
Gracy Thomas
Indrani Suresh

Indu B.R.
John De Lindsey
Jyothi Mancheri
K Manikandan
Kalakumari Thankachi
Karthika Mohan
Lisamma Joseph
Mathew Thomas
Maya Devi Kurup
Meenu Batra
Miriam George Fenn
Mohit Shah
Mollykutty
N. Palaniappan
Neha Muniyer Puniyani
Nithya Elango
Parvathy Ganesan
Pradeep Kumar
Prathima Radhakrishnan
V.P. Paily
Radhamany
Raju Sahetya
Reji Mohan
Rinshi Abid Elayedath
S. Suresh
Sabila
Sanam Basheer
Saraswathy
Sareena Gilvaz

Sarla Sreedharan
Sathyamai
Seneesh V. Kumar
Shaheen Banu
Shirley Mathen
Shyama Devadasan
Smitha Joy
Smithy Sanil
Soge Sarah Kurian
Sreeja P.S
Sreelatha Warriar
Suhas Udayakumaran
Susan John
Swapneel Nilkanth Patil
T.L.N. Praveen
Thara Pratap
Thomas Ranjith
Uma Ram
Vandana Yakub
Vidyalekshmy
Vinay Kumar
Vivek Kashyap
Vivek Krishnan
Zareena Khalid

VENUE - Grand Hyatt, Kochi | Kerala



Registration fees

Category	Till 20 th October	From 21 st October Onwards & Onspot
Delegate	INR 12000	INR 18000
PG Student	INR 9000	INR 12000

Note: PG students should submit the bonafide certificate from the head of the department.

Inclusive of 18% GST

For More Information, Visit - www.cimarpericon.com

Conference Office

Cimar Cochin Hospital
OFF NH 17, Thykkavu Bus Stop
Cheranallore
Kochi 682 034



Conference Secretariat

Mr. Vikas Sharma
Conferences International
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PERICON 2019

Grand Hyatt, Kochi | Kerala

Address: Mulavukad, Kochi, Kerala 682504

1st - 3rd November, 2019



Registration Form

Title Prof/ Dr/ Mr/ Ms/ Mrs _____

First Name _____ Last Name _____

Correspondence Address _____

City _____ State _____ Pin Code _____

Tel/Mobile _____ Email _____

(All the above fields are mandatory)

(Please Tick as Applicable)

Option 1 | Day Registration

Category	Till 20 th October	From 21 st October Onwards & Onspot	Choose Your Day		
Delegate	INR 4500 <input type="checkbox"/>	INR 7000 <input type="checkbox"/>	1 st November <input type="checkbox"/>	2 nd November <input type="checkbox"/>	3 rd November <input type="checkbox"/>
PG Student	INR 3500 <input type="checkbox"/>	INR 5000 <input type="checkbox"/>	1 st November <input type="checkbox"/>	2 nd November <input type="checkbox"/>	3 rd November <input type="checkbox"/>

One Day Fee Includes: Participation Certificate and Lunch Only. (No Dinner, No Bag)

Inclusive of 18% GST

Two Day Fee Includes: Participation Certificate, 2 Lunch, 1 Banquet Dinner(2nd November) and Conference Bag

Option 2 | Package Registration for All 3 Days

Category	Till 20 th October	From 21 st October Onwards & Onspot
Delegate	INR 12000 <input type="checkbox"/>	INR 18000 <input type="checkbox"/>
PG Student	INR 9000 <input type="checkbox"/>	INR 12000 <input type="checkbox"/>

Note: PG students should submit the bonafide certificate from the head of the department.

Inclusive of 18% GST

Please Select Any 1

Simulator Session on Day 3 3 rd November, 2019	<input type="checkbox"/> MODULE I- Fetal Interventions	(First 50 Registered Delegates Only!!)
	<input type="checkbox"/> MODULE II - First Trimester Quality Control	

Mode Of Payment

Demand Draft No. _____

Total Amount (INR) _____

Demand Draft to be made in favor of "Edappal Hospitals Pvt Ltd" payable at Ernakulam along with the filled registration form to the secretariat address mention below

Package Registration Inclusions

- Entry to Scientific Halls & Exhibition Area
- Conference Kit (Including Bag, Badge, Certificate, Pad and Pen)
- Tea / Coffee and Lunch During the Conference on 1st - 3rd Nov 2019
- Dinner on 2nd Nov, 2019
- On Spot Conference Bag, subject to availability

Cancellation Policy

- Cancellation till 30th September, 2019 - 50% Refund.
- Cancellation from 1st October, 2019 - No Refund.

Conference Office

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